

Normal.
I crave
I long
for that sense of
familiarity
for that feeling of
regularity
for things to be
okay
alright
Normal.

But how
When people are
dying
when many with
compromised immune systems
are living in
fear
when the world
is in a state of
unfamiliarity
irregularity
chaos
how do I feel normal again?

When I'm stuck in this cocoon
isolated from the world
watching silently from afar
as people suffer
as governments scramble desperately
attempting to save the economy
but not the people
as people
neglect
disregard
the safety of those
at risk
as the world combusts into flames
and crumbles
before my very eyes
How do I feel normal again?

When I can feel
my grades slipping
my mind spinning
my heart skipping
I forget

what is
Normal.