



Be the inspiration!

City Lions

Mentoring Programme

What is City Lions?

City Lions is Westminster City Council's cultural enrichment programme, targeted at underrepresented 13–16-year-olds within the borough.

Projects we deliver:
Holiday Programmes
Mentoring and work experience
Careers workshops
Creative challenges and competitions
Exhibition opportunities
Free tickets to events and cultural places



Why become a mentor?

1 in 3 young people grow up without a mentor (formal or informal)

Mentoring can...

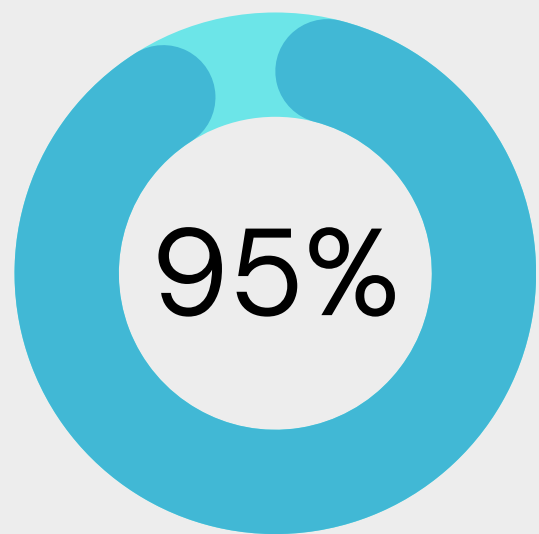
Be transformative to a young person's life

Provide young people with a champion

Break down barriers

"It teaches you a lot and can inform you about yourself and help you in many ways. You are in a safe space to talk and can have a lot of fun." - previous mentee

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of our mentors would recommend mentoring with City Lions to others



"It's deeply rewarding to contribute to their personal and professional growth while forming lasting connections. Additionally, the experience continuously broadens my own knowledge and perspectives, making it a mutually enriching journey."

What do we want mentees to achieve?

The programme is designed for Yr 10 & 11 students (14 – 16 years old) to support them in their next steps.

Access to
careers
information
and guidance

Culture and
creativity

Exposure to
working
professionals

Develop
confidence

Be inspired

Transferable
skills

Break down
barriers



What will be expected of mentors?

No prior experience is necessary – just passion and enthusiasm to help a young person reach their potential!

Commit to 6 months of mentoring between
Dec 24 – May 25

Signing our code of conduct and adhere to our
safeguarding policy

Attend our mentor training and other events as
part of the programme

Enhanced DBS check

Keep us updated on your progress via monthly
mentor reports



How will mentoring work?

You will meet roughly twice per month, over a 6 month period. Consisting of:

Structured sessions exploring a topic with a creative task

Check in sessions

All sessions will work to our key themes

Sessions will take place at a mutually convenient time and location (either virtually or in-person)



Themes and sessions

Creative skills and creativity for life

Who am I? – Identifying skills and interests and where these might lead you

Communication and organisation skills

Building **resilience and motivation**

Professional skills – work exp, CV, interview skills

Planning for the future – identifying and applying for further education/employment/training – using creativity in your future



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SWOT analysis

- ✦ Using the grid, help your mentee think about and write down their strengths and weaknesses – this could be anything and doesn't have to be directly related to their school work.
- ✦ Discuss their strengths and identify potential future opportunities that would fit with these strengths e.g. if they are good at making friends or talking to people, what type of job role might they want to consider?
- ✦ How might they work on their weaknesses?
- ✦ Using this discussion, help them identify future opportunities and potential threats and document these. What can they do to make opportunities a reality? How can they mitigate threats?

This framework can help you reflect on your **strengths, weaknesses, opportunities** and **threats**.

It's something that is often used by organisations but can be applied to us too. Fill in the grid below:

<p>S What do you think your strengths are? What can you do to maximise these?</p>	<p>What do you think your weaknesses are? How could you work on these?</p>
<p>O What opportunities are on the horizon? What can you do to make these a reality?</p>	<p>What barriers do you face? What can you do to mitigate against these?</p>

Building self-esteem

Building Self Esteem

START!
Describe yourself in one word.

Take a look in your mirror
Write down 3 positives you see. These can be internal or external.

This jar is filled with your stars.
Fill your stars in with your best qualities and attributes.

Here are 3 medals. Fill them with your best **ACHIEVEMENTS**
from today from this week overall!

write/draw when you feel in your element or at your **BEST**

What do **OTHERS ADMIRE** in you?
family? _____
friends? _____
teachers? _____

this is your ladder

Keep on climbing, but don't forget to look back and appreciate how far you have come.

FINISH!
Now describe yourself in one word.

How will you be matched?

Our hope is to match young people with a relatable role model.

Young people taking part in the programme have been selected by education professionals and Children's Services.

They are young people who are indentified as those most in need of a role model and who would benefit most from being involved.

Young people also have to apply to take part once being selected.



Shared lived experiences

Shared interest & expertise

Reflective of our community

Young person makes a specific request (e.g. gender)

Support



Mentor handbook, worksheets and resource portal

Mentor training session (half day)

DBS check

Access to other mentors

City Lions team

Regular check in sessions

"It's been a really great 6 months, the match was excellent, the structure worked really well and we had a lot of fun working through some of the tasks. It's been amazing to see Summers progress and I hope I've inspired her to pursue a career within the creative industries."



Safeguarding

Enhance DBS check (paid for by CL):

Will involve an online form

DBS video call to check evidence you have provided us

Full safeguarding training:

Overview and guidance on safeguarding young people

Our reporting process

City Lions team:

Always on hand for advice and support



What happens and when?

PRE - MENTORING

September – EOI open until 30th Sept

October – DBS checks and onboarding process

November – matching, mentor training and first meetings

December – first meetings cont. and kick off event



What happens and when?

Jan

Structured session 2
Check in session

Feb

Structured session 3
Check in session
Meet up event

March

Structured session 4
Check in session
Mid-point check in

April

Structured session 5
Check in session
Meet up event

May

Structured session 6
Check in session
Celebration event

June

End of mentoring and evaluation



Ready to be the inspiration?

Complete your EOI
by
30th September

Help us spread the
word with your
networks!

Invitation to
mentor, DBS
process and dates
for your diary
October

Questions?

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