



Be the inspiration!

City Lions

Mentoring Programme

What is City Lions?

City Lions is Westminster City Council's cultural enrichment programme, targeted at the boroughs most disadvantaged 13–16-year-olds.

What do we do?

Holiday Programmes
Mentoring and work experience
Careers workshops
Creative challenges and competitions
Exhibition opportunities
Free tickets to events and cultural places



Why become a mentor?

1 in 3 young people grow up without a mentor (formal or informal)

Mentoring can...

Be transformative to a young person's life

Provide young people with a champion for their success

Break down barriers

"I really loved having someone as intelligent and wise as Emilia to talk about my career with. Any worries I had were lessened by her amazing advice and unique perspective. I also really appreciated her ideas about how to achieve my goals"



91%

of our mentors
would recommend
mentoring with City
Lions to others

“The support given, the worksheets and guidance was excellent and it really helped me provide some structure to mentoring sessions. I learned a lot about how to help others, and hopefully in doing so helped my mentee, and honestly it just feels really nice.”



What do we want mentees to achieve?

**Access to
careers
information
and guidance**

**Culture and
creativity**

**Exposure to
working
professionals**

Be inspired

**Transferable
skills**

**Break down
barriers**

**Develop
confidence**

Our programme is for 14-16 year olds (Yrs 10 & 11) to support them with their next steps & essential skills.



What will be expected of mentors?

No prior experience is necessary - just passion and enthusiasm to help a young person reach their potential!

Commit to 6 months of mentoring - meeting with your mentee roughly twice per month between Dec 23 - May 24

Signing our code of conduct and adhere to our safeguarding policy

Attend our mentor training and other events as part of the programme

Enhanced DBS check

Keep us updated on your progress via monthly mentor reports



How will mentoring work?

You will be paired with a young person primarily based on areas of shared interest and your professional expertise.

You will meet twice per month, over a 6 month period. Consisting of:

Structured sessions exploring a topic with a creative task

Check in sessions

All sessions will work to our key themes

Sessions will take place at a mutually convenient time and location (either virtually or in-person)





Creativity & benefits
of creative skills



Structured Sessions:

Creative skills and creativity for life

Who am I? – Identifying skills and interests and
where these might lead you

Communication and organisation skills

Building **resilience and motivation**

Professional skills - work exp, CV, interview skills

Planning for the future – identifying and applying
for further education/employment/training - using
creativity in your future

Confidence,
resilience &
reinforcement of
worth

Self-awareness of
personal attributes
& skills

Organisation and
time management

Goal setting



SWOT analysis

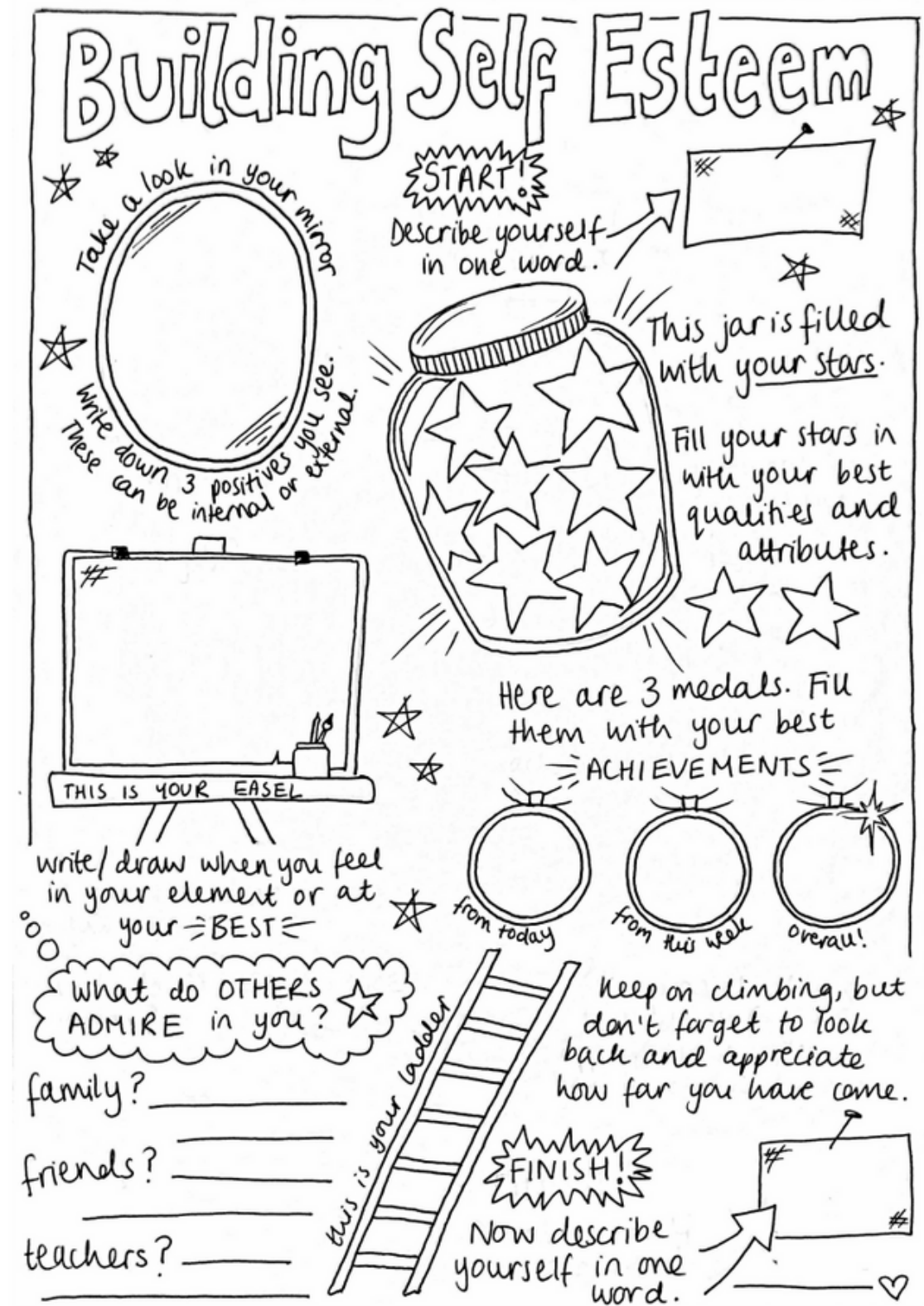
- ✦ Using the grid, help your mentee think about and write down their strengths and weaknesses – this could be anything and doesn't have to be directly related to their school work.
- ✦ Discuss their strengths and identify potential future opportunities that would fit with these strengths e.g. if they are good at making friends or talking to people, what type of job role might they want to consider?
- ✦ How might they work on their weaknesses?
- ✦ Using this discussion, help them identify future opportunities and potential threats and document these. What can they do to make opportunities a reality? How can they mitigate threats?

This framework can help you reflect on your **strengths, weaknesses, opportunities** and **threats**.

It's something that is often used by organisations but can be applied to us too.
Fill in the grid below:

S	What do you think your strengths are?	What do you think your weaknesses are?	W
	What can you do to maximise these?	How could you work on these?	
	What opportunities are on the horizon?	What barriers do you face?	
	What can you do to make these a reality?	What can you do to mitigate against these?	

Building self-esteem



How will you be matched?

Our hope is to match young people with a relatable role model

Shared interest & expertise

Reflective of our community

Shared lived experiences

Young person might make a specific request

Young people taking part in the programme have been selected by teachers and Children's Services as those most in need of a role model and who would benefit most from being involved.



What support you'll receive

"It's been a really great 6 months, the match was excellent, the structure worked really well and we had a lot of fun working through some of the tasks. It's been amazing to see Summers progress and I hope I've inspired her to pursue a career within the creative industries."

Mentor handbook, worksheets and resource portal

Mentor training session (half day)

DBS check

Access to other mentors

Mid-point check in session

City Lions team



Safeguarding

Enhance DBS check (paid for by CL):

Will involve an online form

DBS video call to check evidence you have provided us

Full safeguarding training:

Overview and guidance on safeguarding young people

Our reporting process

City Lions team:

Always on hand for advice and support

What happens and when?

PRE - MENTORING

October - DBS checks

November - mentor training and matching process

December - first meetings and kick off event

What happens and when?

January

Structured session 2
Check in session

February

Structured session 3
Check in session
Meet up event

March

Structured session 4
Check in session
Mid-point check in

April

Structured session 5
Check in session
Meet up event

May

Structured session 6
Check in session
Celebration event

June

End of mentoring and evaluation

Ready to be the inspiration?

Complete your EOI by
30th September

Help us spread the
word with your
networks!

Confirmation, DBS
process and invite to
mentor training
October

Questions?

Contact Sisley - shamer@westminster.gov.uk /07816211512

